



**ST. JOHN CHRYSOSTOM
BYZANTINE CATHOLIC CHURCH**
506 Saline Street, Pittsburgh, Pa 15207
Rectory: 412-421-0243 Hall: 412-421-0108 Fax: 412-422-3624

Served by
Reverend Father Miron Kerul'-Kmec, Jr
216-538-0418 Miron.ml@gmail.com

**SUNDAY DIVINE LITURGY: 10:30 AM
HOLY DAY DIVINE LITURGY: 7 PM**

*The Mystery of Reconciliation is available
before scheduled Divine Liturgies or by appointment.*

A Faith Community of the Archeparchy of Pittsburgh.

LITURGY INTENTIONS

- Sun. Nov. 14** **10:30 AM 25th Sunday after Pentecost**
Health & Blessing of the Parishioners of St. John Chrysostom
- Sun. Nov. 21** **10:30 AM 26th Sunday after Pentecost**
+Don & +Charlotte Siviya offered by Donna and Nicole Siviya
- Sun. Nov. 28** **10:30 AM 27th Sunday after Pentecost**
Health & Blessing of the Parishioners of St. John Chrysostom

MINISTRY SCHEDULE

Cantor-Kevin Beres 10/24 Sunday Propers Pgs. 161-163

Reader Schedule: 11/14 Eric Williams 11/21 Elizabeth Harbist 11/28 George Fetchko

- Please pray for our sick and home-bound and world peace!
- **COLLECTION FOR 11/7: \$1012 Online \$168.86 Total: \$1180.86**

LITURGY REQUESTS and STIPENDS: \$20 PLEASE signify if the liturgy intention is for LIVING OR DECEASED. Liturgy requests should be given *directly* to Fr. Miron.

To sponsor the Sanctuary Candle (\$3 per week), write your name & to whom it is in honor/remembrance on the envelope. **Place request in the collection basket.** You may remain anonymous if you wish.

(Post) FEAST DAY BRUNCH TODAY! Everyone welcome!

Nativity Fast/Phillip's Fast - November 15th to the Feast of the Nativity of our Lord on December 25th.

Advent - The term used by the Roman Church to describe the preparation period for Christ's Birth. It means "Coming".

Phillip's Fast, Nativity Fast, Byzantine Advent - terms designating the 40-day preparation period before the Christmas / Theophany season. It begins at sundown on November 14th (when the Church begins a new day) and concludes at Christmas.

Strict Fast Guidelines-The following foods are avoided:

- Meat, including poultry, and any meat products such as lard and meat broth.
- Fish (meaning fish with backbones; shellfish are permitted).
- Eggs and dairy products (milk, butter, cheese, etc.)
- Olive oil
- Wine and other alcoholic drink.

Asceticism: From the Greek *askēsis* (ἀσκησις), meaning “exercise” or “training,” similar to that done by an athlete. Asceticism as a spiritual discipline has three basic goals: (1) bringing order and self-control to human passions/appetites, (2) centering a person, and (3) opening a person to God’s presence. Ascetical disciplines were meant as voluntary self-denial as prescribed by Jesus in his terms and conditions of discipleship (“If anyone wishes to come after me, he must deny himself and take up his cross daily and follow me” – Luke 9:23).

Fasting: Ascetical/penitential practice of abstaining from food, creating a physical hunger and being reminded of the spiritual void only Christ can fill. If we fast with our heart, we express our love for God and acknowledge our sinfulness. Our sacrifice unites us to the sacrifice of Jesus Christ, who shed his blood for our salvation. Further, self-denial disposes us to freedom from worldly distractions to create an environment conducive to prayer. Through voluntary fasting, we unite ourselves in solidarity with the poor and suffering who have no food, being reminded that we are all members of the Body of Christ, and are reliant upon God for all our blessings.

New Books: The Fruit of Prayer – by Deacon Edward Kleinguetl

Mine Know Me – by Deacon Edward Kleinguetl

Tailgate Report: Many thanks to everyone who contributed to this successful fundraiser. A special thanks to **Patty & John Niskach** for their leadership and exemplary hard work. **With GCU Matching Funds, \$10,092 was raised!**

SAVE THE DATES! GCU CPR-Lodge Upcoming Events:

Annual Meeting: Sunday Nov. 21 @ St. John Chrysostom Hall following Divine Liturgy

Annual Adult Christmas Party: Saturday, December 4 @ Westwood Country Club

Annual Children's Christmas Party: Sunday Dec. 12 @ St. John Chrysostom Hall following Divine Liturgy. **Must Sign-Up by Deceember 5 (Sheet in back of church)**

Liturgies can be viewed on a smart TV through Youtube Live; Facebook; & through St. John Chrysostom Church website www.sjcbcc.com Liturgies are “stored” on Youtube so you can go back anytime to watch and pray.